

**CENTER FOR DIGESTIVE DISEASES
& CARY ENDOSCOPY CENTER
CAPSULE ENDOSCOPY**

A capsule endoscopy is an endoscopic exam of the small intestine. A capsule containing a camera the size of a vitamin pill is swallowed with some water. The patient is given a vest-like apparatus to wear that has a data receiver placed in the pocket to record the images as the capsule goes through the small intestine. The capsule procedure is not intended to examine the esophagus, stomach, or large intestine. It does not replace the upper endoscopy or colonoscopy.

MRI machines should be avoided during the capsule procedure and until the capsule passes following the exam.

Center for Digestive Diseases and Cary Endoscopy Center
1120 SE Cary Parkway, Suite 204, Cary, NC 27518
(919) 854-0041
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PREPARATION FOR YOUR CAPSULE ENDOSCOPY

WHEN: Date: _____ Arrival Time: _____

WHERE: Check in at Patient Registration Area

QUESTIONS: Please feel free to call our office at (919) 854-0041 x 104

DAY BEFORE PROCEDURE:

1. After lunch, begin clear liquid diet. (see attached sheet).
2. If you are diabetic, do not take your evening diabetic medication unless otherwise told to do so.
3. About 5:00 pm, take 6 oz. Magnesium Citrate to promote bowel evacuation. Magnesium Citrate can be found over the counter at your local drug store. (**NO RED COLOR**)
4. Do NOT eat or drink anything after 10pm.

DAY OF CAPSULE ENDOSCOPY:

1. Do NOT eat or drink anything this morning. (NOT EVEN WATER)
2. Do NOT take any medications within two hours of beginning capsule study.
3. Wear loose fitting clothing.

AFTER CAPSULE ENDOSCOPY:

1. Please call the office, 919-854-0041 x 104
 - If you have severe abdominal pain
 - If the capsule is not seen in the stool 3-5 days, an x-ray will be ordered to confirm the location of the capsule.